Volleyball 2023 Summer Practice and Camp Dates

June

6th,7th,8th,13th,14th,15th, 20th,21st,22nd 27th, 28th, 29th

Tuesdays and Thursdays Practice 8-11am

Wednesdays Weight room 8-10

July

10th, 14TH Practice 8-11

JULY 11TH-12TH DAPHNE PLAY DATE TBA

JULY 13TH PRACTICE 8-11

July 18TH, 20TH Weight Room 10-11:30

July 24th, 27th Practice 8-11

July 25th, 26th Daphne Play Date time TBA

July 31st Practice 8-11

PLAYERS WILL BE REQUIRED TO DO A INDIVIDUAL SKILLS CAMP DURING THE MONTH OF JULY. UWF AND SOUTH ALABAMA INFO WILL BE ATTACHED TO WEBSITE. COST OF CAMP WILL BE DEDUCTED FROM TEAM DUES

August

1st, 2nd, 7th, 8th, 9th, 14th, 15th, 16th, 17th, 21st, 22nd,

23rd

August Practice times 2-5pm

2:30-5:30 Once school begins